

## Professional Development

Nursing in St. Vincent's offers an abundance of opportunities for professional growth and development. We provide

- **An autonomous and supportive environment**
- **Exposure to the latest advances in treatment**
- **Diverse patient populations**
- **Continuous challenges to stimulate critical thinking skills**

St Vincent's is strongly committed and supportive of career development for nurses.

## Ambulatory Day Care Professional Development

The ADC offers all staff nurses many opportunities for professional growth and development. These include:

- Attendance at Nurse Practice Development Case Conferences
- Attendance at study days both in - house and in other institutions relevant to the area of ADC they practice in e.g. wound care, ENT, hepatology, respiratory etc.
- Opportunity to become a preceptor for B Sc nursing Students
- Attending the library and obtaining up to date articles from journals and books

## How to apply for a position

You can contact the Nursing HR department on **01 2774180** or alternatively you can forward your CV or request more information by emailing [nurseopenday@st-vincent's.ie](mailto:nurseopenday@st-vincent's.ie)

## Philosophy

*The following philosophy underpins all we do.....*

*The Ambulatory Day Care Unit will provide effective and efficient health care to general medical and surgical patients with a strong emphasis on new working practices and protocol driven care in a specifically designed building. Its aim is to reduce the need for admission to a hospital bed and reduce return visits to the Ambulatory Day Care Unit. In some instances consultation, diagnosis and treatment will be undertaken in just one visit to the unit.*

## Mission Statement

*"We strive for excellence in meeting the holistic needs of our patients in a caring and healing environment in which the essential contribution of each member of staff is valued. The values of human dignity, compassion, justice, quality and advocacy, rooted in the mission and philosophy of the Religious Sisters of Charity, guide us in our work. We will, within the foregoing context, make every effort to maintain excellence in clinical care, teaching and research."*

*Comh mheas, comh bhá, comh pháirtíocht agus comp oibre  
bunsraith ár gcuid saothar uile.*

## Core Values of Hospital

**Human dignity**  
**Compassion**  
**Justice**  
**Quality**  
**Advocacy**

## Informal Visits

Informal visits to ADC are welcomed. Please contact the Clinical Nurse Manager at 2774216.

## Thinking about a Career in Ambulatory Day Care Medical and Surgical Nursing?



## ADC Clinic Profile

The overall objective of Ambulatory Day Care (ADC) is the provision of effective and efficient health care for the routine patients with predictable requirements. Its aim is to reduce the need for admission to a hospital bed and reduce return visits to the ADC Unit. In some instances consultation, diagnosis and treatment will be undertaken in just one visit to the centre. The ADC clinics are sub-divided into:

- General ADC Clinic Consultation Suites
- Dedicated ADC Clinic Consultation Suites e.g.
  - Bone & Joint Unit
  - Neurology Suite
  - ENT Suite
  - Vascular Dressing Unit
  - Liver Unit
  - Endocrine/Diabetes Unit
- Therapeutic and Diagnostic facilities
- Multiple registration/reception points
- Patient Education Area

## Ambulatory Day Care

St. Vincent's University Hospital,  
Elm Park,  
Dublin 4.

Phone: 012774180  
Email: [nurseopenday@st-vincent's.ie](mailto:nurseopenday@st-vincent's.ie)  
<http://www.st-vincent's.ie>

## Nursing Structure for ADC

The nursing team in ADC is led by a CNM 2 who has overall responsibility for the day to day organisation and management of clinics in ADC. She reports directly to the DNM. This role is supported by a CNM1.

The Nursing structure is:

- DNM
- CNM2
- CNM1
- Staff Nurses
- BSc Nursing Students (specialist placement)

The nursing team is supported by Health Care Assistants, Porters, Welcoming Sister, Patient Assistant. Nursing staff also liaise with clerical and medical records staff.

## Multidisciplinary Team

There is a multi disciplinary team approach at all clinics in ADC. Each clinic has different team members which can include:

- Consultant
- Non Consultant Hospital Doctors
- Nurses
- Nurse Specialists
- Physiotherapist
- Dietician
- Occupational therapist
- Pharmacist
- Psychologist
- Social worker
- Cancer co-ordinators

## The ADC Unit includes the Diabetes/ Endocrine Unit and the Vascular Dressing Unit.

### Diabetes Unit:

The diabetes unit comprises of a multidisciplinary team which includes, Endocrinologists, Diabetes Clinical Nurse Specialists, Dietician, Podiatrist and Psychologist. This team seeks to treat diabetes in a holistic manner by focusing on the clinical, social, psychological and dietary factors of this very complex condition. The diabetes unit provides a liaison service primary care scheme. They also provide secondary care. The Diabetes Nurses are available to provide education and long term support.

## Vascular Dressing Unit

The vascular dressing unit will provide a service for vascular patients who are currently cared for in the general outpatients vascular clinic. These patients will be cared for in a dedicated nurse led service with support from the Vascular Surgical Team. The multidisciplinary team will include, Vascular Surgeons, Tissue Viability Clinical Nurse Specialist, Nurses, Vascular Laboratory staff, Pharmacists and Porter staff.

## Future Developments

Expansion of all Ambulatory day care services:

- Expansion of the ADC hours of service
- Specific timed appointments
- Nurse specialist appointments
- Appointment of new Consultants
- Information technology (Integrated patient information systems)
- Paperless system (Palm Pilots)
- Video conferencing to out-reach clinics e.g. Cardio thoracic
- PACS
- Nurse and Allied Health Professional led clinics
- Up to date equipment

## Orientation

There is a one week orientation programme for all staff who commence work in the hospital. This is facilitated by the Nurse Education Centre. Mandatory in - service education is covered during this week i.e. CPR, Manual Handling, intravenous policy. Orientation of new staff to ADC includes:

- Assigned to a link nurse
- Tour of ADC
- Introduction to all clinics
- Hours of duty
- Annual leave
- Uniform policy

## Duty Patterns

There is flexibility of working hours amongst nursing staff to accommodate the hours of service in ADC from 08.00 hrs -19.00 hrs.

The shift patterns currently include:

- 08.00-1630 hrs
- 08.30-17.00 hrs
- 09.00-17.30 hrs
- 09.30-18.00 hrs
- 10.30-19.00 hrs
- 11.00-18.00 hrs

Future developments include an expansion of the ADC hours of service and shift patterns can change to accommodate this.

## Annual Leave

Holidays for full time nursing staff (pro rata for part-time) are planned in the following way:

- **39 Hours (1 weeks) by the end of April**
- **117 Hours (3 weeks) by the end of August**
- **All leave by the end of December**

Holidays are calculated in hours and are taken in 39 hour weeks and are agreed in consultation with the CNM . All Leave must be taken within the calendar year, as it cannot be carried forward.

## Study Leave

A comprehensive Study Leave Policy supports the continuing professional development of nursing staff. Each nurse has the opportunity to apply for study leave/ financial support to attend:

- Short courses
- Relevant specialist conferences
- Higher diploma programmes
- B Sc in Nursing/Management
- M Sc in Nursing/Management/Education

A detailed study leave application including a learning contract is completed as part of the application process. Study leave applications are processed on an individual basis. The CNM encourages and supports staff in optimising their career development.