



Department of

**PREVENTIVE MEDICINE  
& HEALTH PROMOTION**

St. Vincent's University Hospital  
Elm Park, Dublin 4.

Tel 01 221 4958 Fax 01 2214428  
Email: preventive.med@st-vincent's.ie

## ALCOHOL AWARENESS

**Tuesday 22<sup>nd</sup> September 2pm – 3pm  
Wednesday 23<sup>rd</sup> September 11am – 12pm**

### PROGRAMME

#### Alcohol and your Body

1. DVD on alcohol
  2. The effects of alcohol on the body
  3. Understanding units/standard drinks and binge drinking.
  4. Social and environmental influences
-