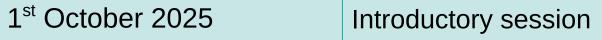


6 Week *Online* Stop Smoking Course

Open to all who would like to stop smoking

Wednesdays from 5.30pm - 7.00pm Scan the QR code to register online





5th November 2025 Final session

This six week course will:

- Provide support
- •Help develop skills to stop smoking
- Provide advice on stop smoking medications

For more information and to book a place, please contact:

Department of Preventive Medicine and Health Promotion

Tel: 01 221 4958

Email: smokingservice@svuh.ie







