



ABOUT ME		
	Name I like to be called:	
	My birthday is:	
	I live in:	
	My family, my friends, my pets:	
Му васко	ROUND	
Territoria di la construcción de	My cultural, religious and spiritual beliefs:	
CORRECT STATES	My jobs and my interests:	
	Favourite places I have visited:	

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## **My routine**



Things I might want help with:



How I behave when I am distressed/worried and what makes me feel better:



How you know I am in pain:

## **My personal habits**



How I take my medication (whole tablets/tablets halved/crushed tablets/liquid/injection):



How I eat and what food I like/dislike (type of diet/assistance required):



How I drink and what I like/dislike (thickened fluids/assistance required):



How I use the toilet (toilet/continence wear/commode/bed pan):



How I complete my personal care (washing/dressing): Glasses 

Dentures 
Hearing aid



How I get around (walking aids/suitable seating):



How I sleep (pattern/routine):

WHAT I LIKE AND DISLIKE					
THINGS I LIKE		THINGS I DISLIKE			
DATE BOOKLET COMPLETED:		BOOKLET COMPLETED BY:			
NOTES OR QUESTIONS I HAVE					

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