

## What should I do if?

### My discharge letter is missing ?

Your discharge letter will be posted out to your G. P .

### Questions regarding my medication ?

The staff will go through your prescription with you before you leave and clarify any issues. After discharge please contact your General Practitioner (G. P. ) or local pharmacy. You can also look up any medication on :

[www2.hse.ie/conditions/medicines](http://www2.hse.ie/conditions/medicines)

### I have forgotten the date of my outpatients appointment and I rang the ward and they don't know either.

Once you are discharged your medical file leaves the ward and ward staff can't easily access your file. For outpatients appointments ,please contact outpatients :

[outpatients@svuh.ie](mailto:outpatients@svuh.ie)

### I have forgotten the date for my appointment for X-Ray / CAT scan etc.

For radiology appointments please contact :[Genadrec@svhg.ie](mailto:Genadrec@svhg.ie)

If you do need to contact the hospital . Please quote your name, address, date of birth and hospital/ medical record number (if known.) This helps us identify the correct file.

Useful contact details:

St Vincent's University Hospital :

[01 221 4461](tel:012214461)

Patient Advice and Support :

[01 221 4013](tel:012214013) or

[patientsupport@svuh.ie](mailto:patientsupport@svuh.ie)

Patient accounts :

[accounts@svuh.ie](mailto:accounts@svuh.ie)

Name of Department Quality Department

Direct telephone number: (01) 221 4000

Active date: (10.3.2023)

Version number: (Version 1)

Q-Pulse Ref. number: (PIL-ORG-47)

Printing Ref. number: (REF: 1255 )

St. Vincent's  
University Hospital  
Elm Park, Dublin 4  
Ireland

T +353 1 221 4000  
[www.stvincents.ie](http://www.stvincents.ie)



ST. VINCENT'S  
UNIVERSITY HOSPITAL  
Elm Park

SVUH Discharge Information

## After you leave Hospital : General Information



ST. VINCENT'S  
HEALTHCARE GROUP  
Advancing Healthcare Since 1834



Centred on You

## **We hope that you had a pleasant stay in St . Vincent’s University**

This leaflet is designed to help guide you after you leave the hospital.

### **Before you leave:**

**Before you leave, one of the doctors or nurses will go through all the important details with you .**

### **This will include :**

- What were you treated for.
- What tests were performed and what where the results.
- Dates of future investigations ( if any).
- If you have been referred to any of the community services, e.g. Public Health Nurse etc.
- Patient Information leaflets relevant to your condition will be provided to you on discharge.
- When you should expect to have a date for your outpatients appointment .

•If you are leaving with any medical equipment, staff will go through the instructions for use and who to contact for maintenance and repair.

### **Medication:**

- Your discharge prescription will be provided along with any information relevant to your condition.
- That you are aware of which medications to take after leaving the hospital.
- Be aware if any of your medications have been stopped or changed during your stay.
- That you are aware of any possible side effects of your medication.
- Please **check** your prescription before leaving the ward. If there is anything you are unsure about, please ask the staff.
- It is very important that you keep an up-to-date list of your medications. You can download a blank list at :

[www.safermeds.ie](http://www.safermeds.ie) /

### **After you leave:**

- Don’t be too hard on yourself, going home does not mean that you are fully better.
- Pace yourself –focus on small goals. A little activity every day is better than pushing yourself.
- Friends and Family may want to see you. However it is important that you get plenty of rest.
- Ask for help when you need it.
- Make an appointment with your General Practitioner to review your discharge medications (if needed).

